

# Jwaen 2024 Newsletter



Taanishi kiiyawow,

## Office Hours Update

NIMA has expanded our office hours. We are now open Tuesday-Friday 9:30AM-1:30PM.

**MÉTIS 12 DAYS OF CHRISTMAS**

NIMA IS PUTTING TOGETHER A MÉTIS RENDITION OF THIS CLASSIC CHRISTMAS SONG. DO YOU HAVE A CHILD WHO WOULD LIKE TO ILLUSTRATE A PAGE? SEND IN THEIR SUBMISSION BY AUGUST 30TH. PLEASE INCLUDE THEIR NAME AND AGE, AS WELL AS PARENT/GUARDIAN CONTACT INFORMATION.

**PICK THE PAGE(S) THAT YOU WOULD LIKE TO ENTER IN:**

- 12 RED RIVER CARTS
- 11 FIDDLERS
- 10 JIGGERS
- 9 HIDES BEING TANNED
- 8 BISON
- 7 PEOPLE BEADING
- 6 TRAPPERS
- 5 FIRE BAGS
- 4 BANNOCK
- 3 RIBBON SKIRTS
- 2 BEAVER HATS
- 1 SASH
- ...IN A BIRCH TREE

Submit your entries either in person or to [events@nimetis.com](mailto:events@nimetis.com)  
There will be a small prize for those that are chosen!

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**NEW**

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## Coming Events

### Womxn's Programming

#### Kick Boxing:

Monday kick boxing classes are held at Pure Martial Arts and Fitness from 4:30PM-5:30PM. Reminder these classes are open to all NIMA womxn. **From January 2024-September 2024 NIMA members who attend a minimum of three sessions a month will receive a reimbursement for up to \$100 each month for a fitness class.**

#### Book Club:

The next book club meeting will take place on Saturday, June 1<sup>st</sup> from 12:00PM-1:00PM, lunch will be provided, we will be discussing *The Marrow Thieves* by Cherie Dimaline. Free for NIMA womxn.

#### Reclaiming the Matriarch:

Our June Mamawi will take place on Saturday, June 1<sup>st</sup> from 1:00PM-4:00PM. This month we will be hosting a Sip and Paint. Non-alcoholic beverages will be served. This class is currently full; however, you can add your name to a cancellation list.

### Mxn's Programming

Friday, June 7<sup>th</sup> NIMA will be hosting a build night from 6:00PM-8:00PM at Robron. This event is free for NIMA members, with a small supply fee for associate members. Please RSVP if you would like to join so that we have enough supplies for everyone.

On Friday, June 21<sup>st</sup> NIMA will be running the first Bush Craft workshop at Robron from 6:00PM-8:00PM. Free for members, associates may attend but will not receive supplies. Please RSVP if you would like to attend.

### 50+ Programming

Our next Kayhkway Chi Miichihk will be taking place on Saturday, June 8<sup>th</sup> from 12:00PM-4:00PM. This event is open to our 50+ members and will include lunch. There will be two special guest speakers, a Registered Massage Therapist, and a Clinical Counselor. Please contact the office if you would like to attend.

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## Health

Starting May 3<sup>rd</sup> Lisa-Marie will be starting a **NEW PROGRAM!** This will be a weekly adventuring group that participants will have the option to participate in finding geocaches while out. Here are the session dates and times:

Sunday, June 2<sup>nd</sup> 1:00PM-2:30PM  
Sunday, June 9<sup>th</sup> 1:00PM-2:30PM  
During the weekend of our Cultural Camp  
Friday, June 21<sup>st</sup> 6:00-7:30  
Friday, June 28<sup>th</sup> 6:00PM-7:30PM  
Saturday, July 6<sup>th</sup> during our fishing trip

Would you like to discuss any health needs/concerns or learn about funding and programming available for health-related services? You can phone to book an appointment with Lisa-Marie Szonyi (Métis Patient Navigator) or Eric de Montarnal (Health Manager).

## Culture

### Lispaas:

Drop by the first Friday of the month to work on unfinished projects. The next session will be held on Friday, June 7<sup>th</sup> from 1:00PM-3:00PM.

### Piihtikway:

Piihtikway groups will be taking place on Friday, June 21<sup>st</sup> and Tuesday, June 25<sup>th</sup> from 6:00PM-8:00PM. Bring any project that you are working on. Staff will be present to help, and the kettle will be on for tea.

### Culture Camp:

Mark your calendars for June 14<sup>th</sup>-17<sup>th</sup>. This year we will be staying at Taku Resort on Quadra Island. NIMA rooms are currently all full. Let us know if you would like to be put on the waitlist for a cancellation. If you would like to camp or bring an RV, we recommend you book a camping spot ASAP as locations on Quadra go quickly. You are also welcome to book your own room(s) at the same or a different resort on Quadra Island to ensure you have lodging for the event. Regardless of the location you stay, if you plan to attend any of the activities at this event, please RSVP so that we have a clear idea of numbers for food and supplies.

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## Housing

On July 11<sup>th</sup> from 6:00PM-8:30PM Lisa-Marie will be hosting a Frugal 101 workshop. Do you want to learn tips on how to stretch your income to make your budget go further? Or are you trying to save up for a large purchase, and aren't sure where to start? You will have the opportunity to create a vision board, so start saving any images/cutouts that you would like to add. Participants will be going home with budgeting sheets, as well as a small gift for attending. Please RSVP if you would like to join. Check out our Facebook page for updates and tips! Open to NIMA Members and Associates.

## Port Hardy

NIMA will be headed up to Sacred Wolf Friendship Centre on Friday, July 19<sup>th</sup> from 4:00PM-8:00PM, there will be dinner followed by a cultural activity. RSVP if you would like to attend. We will not be renewing memberships at this event, so please make sure that your dues are up to date prior to the event.

## Summer Card Games

On July 30<sup>th</sup> and August 27<sup>th</sup> NIMA will be hosting a card games night at Robron from 6:00PM-8:00PM.



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NIMA has just had a shipment of NEW t-shirts and hoodies, available in both ADULT and YOUTH sizes. We also have new orange shirts, available in all sizes! Head on over to our website [www.nimetus.com](http://www.nimetus.com) to check them out or stop by the office Tuesday-Friday 9:30AM-1:30PM to check out all our amazing items.



# Jwaen/June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>Sashing Ceremony at Robron 10:AM-12:00PM</p> <p>Book Club at Robron 12:00PM-1:00PM</p> <p>Mamawi at Robron 1:00PM-4:00PM</p>
<p>2</p> <p>Geocaching 1:00PM-2:30PM</p>	<p>3</p> <p>Wild Womxn at Pure 4:30PM-5:30PM</p> <p>Archery at Fish and Wildlife Club 6:00PM-8:30PM</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Lispaas at Robron 1:00PM-3:00PM</p> <p>Mxn's Group Build Night 6:00PM-8:00PM</p>	<p>8</p> <p>Laarb Kawmaekt +Fish/Chicken Processing 9:00AM-12:30PM</p> <p>Kayhkway Chi Miihchik at Robron 12:00PM-3:00PM</p>
<p>9</p> <p>Geocaching 1:00PM-2:30PM</p>	<p>10</p> <p>Wild Womxn at Pure 4:30PM-5:30PM</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>Cultural Camping Trip at Taku Resort</p>	<p>15</p> <p>Cultural Camping Trip at Taku Resort</p>
<p>16</p> <p>Cultural Camping Trip at Taku Resort</p>	<p>17</p> <p>Wild Womxn at Pure 4:30PM-5:30PM</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Indigenous People's Day at Spirit Square Piithikway at Robron 6:00PM-8:00PM</p> <p>Mxn's Bush Craft at Robron 6:00PM-8:00PM</p> <p>Geocaching 6:00PM-7:30PM</p>	<p>22</p> <p>At Spirit Square for Pride event</p>
<p>23</p> <p>Finishing Fish Leather/Rabbit Tanning at Robron 9:00AM-3:00PM</p>	<p>24</p> <p>Wild Womxn at Pure 4:30PM-5:30PM</p>	<p>25</p> <p>Piithikway at Robron 6:00PM-8:00PM</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Geocaching 6:00PM-7:30PM</p>	<p>29</p>
<p>30</p>						

# Jooyet/July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Lispaas at Robron 1:00PM-3:00PM	6 Lake Fishing Day Trip
7	8 Wild Womxn at Pure 4:30PM-5:30PM	9	10	11 Frugal 101 at Robron 6:00PM-8:30PM	12	13
14	15 Wild Womxn at Pure 4:30PM-5:30PM	16	17	18	19 Port Hardy Dinner (SWFC) 4:00PM-8:00PM	20 NIMA Staff at FiLoMi Days Event
21	22 Wild Womxn at Pure 4:30PM-5:30PM	23	24	25	26	27
28	29 Wild Womxn at Pure 4:30PM-5:30PM	30 Card Games Night at Robron 6:00PM-8:00PM	31			

# Aaoo/August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
		<b>OFFICE CLOSED FOR STAFF HOLIDAYS</b>				
11	12	13	14	15	16	17 NIMA staff at Orca Fest and Vancouver Island Rendezvous
		<b>OFFICE CLOSED FOR STAFF HOLIDAYS</b>				
18	19 Wild Womxn at Pure 4:30PM-5:30PM	20	21	22 Womxn's Matriarch Retreat	23 Womxn's Matriarch Retreat	24 Womxn's Matriarch Retreat
25 Womxn's Matriarch Retreat	26 Wild Womxn at Pure 4:30PM-5:30PM	27 Card Games Night 6:00PM-8:00PM	28	29	30	31